## What is claimed is:

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- An animal exercise and amusement device, comprising:

   a cuff, operably configured to be releasably affixed about a human limb;

   a tether, affixed at a first end thereof to the cuff; and

   a teaser, affixed to a second end of the tether.
- 2. The animal exercise and amusement device, according to claim 1, wherein the cuff comprises:
  - a sack, containing weighting material, for providing an exercise component to movements of a human to whom the cuff is releasably affixed.
- 3. The animal exercise and amusement device, according to claim 2, wherein the cuff further comprises:

a fastening strap, affixed to the cuff,

the fastening strap having a first looped end and a second free end;

cooperative fastening elements, affixed to a surface of the fastening strap,

proximate the first looped end and the second free end thereof, respectively; and

a buckle, captured by the first looped end of the fastening strap, whereby the cuff may be wrapped about a human limb, and releasably affixed by passing the second free end of the fastening strap through the buckle, and turned upon itself, to bring the cooperative fastening elements against one another in releasably fastening contact.

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4. The animal exercise and amusement device, according to claim 1, wherein the cuff comprises:

a thin, elongated web having opposed first and second ends, and opposed first and second surfaces; and

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cooperative fastening elements, one fastening element disposed on a first surface of the web at a first end thereof, and the other fastening element disposed on a second surface of the web at a second end thereof, whereby fastening of the cuff about a human limb is accomplished by wrapping the web about the limb, and directly bringing one of the cooperative fastening elements into direct contact with the other of the cooperative fastening elements, without folding or twisting the web.

5. The animal exercise and amusement device according to claim 1, wherein the tether further comprises:

an attachment portion, in the form of a loop, which encircles a portion of the cuff; and

a teaser portion, which is affixed at a first end to the attachment portion, and further at a second end of which the teaser is affixed.

6. The animal exercise and amusement device according to claim 1, wherein the tether comprises:

a single cord, affixed at its ends to the cuff and the teaser.

- 7. The animal exercise and amusement device according to claim 1, wherein at least a portion of the tether is fabricated from a stretchable material.
- 8. The animal exercise and amusement device according to claim 1, further comprising:

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cooperative releasable fastener elements affixed to the tether and the teaser, so that the teaser may be removed from the tether and replaced by another teaser.

- 9. The animal exercise and amusement device, according to claim 1, wherein the teaser has a shape that is at least one of ball-like, elongated, branched.
- 320 10. The animal exercise and amusement device, according to claim 1, wherein the teaser is fabricated from at least one of: a smooth material, a rubbery material, a furry material, a feathery material, a fuzzy material, a spongy material.

The animal exercise and amusement device, according to claim 1, wherein the teaser is provided with a variety of depending objects of interest, each depending object of interest being at least one of: shiny, reflective, fluorescent, phosphorescent, transparent, translucent.

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